

# Menu



**Growing Frog  
Golf Course**

## LUNCH

Available Monday - Sunday from 11:30am

\* Not Available Mondays & Tuesdays

### Steak Sandwich with the Lot\* (GFO)

\$26.50

In a Turkish roll with all the trimmings & chips

### Chicken & Avocado Burger\* (GFO)

\$26.50

Served with coleslaw & chips

### Chicken BLT\*

\$26.50

Served on a Turkish bread with chips

### Growling Frog Beef Burger (GFO)

\$24.50

Served with bacon, relish, cheese, lettuce & chips

### Vegetarian Burger

\$24.50

Beetroot, tomato, salad mix, cheese & chips

### Chicken Scallopini (GF)

\$28.50

Served with rice & garden salad

### Chicken & Mushroom Risotto\* (GF)

\$26.50

Served in Creamy Pesto

### Vegetarian Risotto\* (V) (GF)

\$26.50

Served in a Napoli sauce

### Caesar Salad (GFO)

\$22.50

Add Chicken (+\$6) or Prawns (+\$8)

### Pumpkin, Feta Quinoa Salad (V) (GF)

\$24.50

With cherry tomatoes, cucumber & rocket

Add Chicken (+\$6) or Prawns (+\$8)

## PARMAS

Served with Chips & Salad

Regular ..... \$28.00

Aussie ..... \$30.00

Fire Breather ..... \$30.00

## SEAFOOD

Served with Chips & Salad

Fish & Chips ..... \$26.00

Flathead Tails ..... \$26.00

Fisherman's Basket ..... \$36.50

Salt & Pepper Calamari ..... \$26.50

Garlic or Chili Prawns ..... \$28.50

Served with rice and side salad

## PASTAS

Mediterranean Penne\* (GFO) ..... \$26.50

Spaghetti Carbonara\* (GFO) ..... \$26.50

Spaghetti Bolognese\* (GFO) ..... \$21.50

Ravioli Pumpkin in Creamy Sauce\* (V) ..... \$26.50

## SNACKS & SIDES

Pizza (Hawaiian/Pepperoni/Margarita) .... \$16.00

Nachos (V) (GF) ..... \$16.00

Wedges (V) ..... \$14.00

Bowl of Chips (V) ..... \$12.00

Garlic Bread (V) ..... \$10.00

Cheesy Garlic Bread (V) ..... \$12.00

Soup of the Day ..... \$12.00

## BREAKFAST

Breakfast served 8:00am - 11:30am weekends only

### Eggs Your Way

\$16

Served with Toast & Bacon

### Bacon & Egg Focaccia

\$14

Served on freshly toasted Turkish bread

### Smashed Avo & Poached Eggs

\$20

Served with Beetroot Relish, Feta & Dukkah

### Big Breakfast

\$25

Eggs your way, Hash Brown, Bacon, Mushrooms, Baked Beans, Sausage, Spinach, Baked Tomato & Toast

### Eggs Benedict

\$18  
to  
\$22

Poached eggs on English muffins with Hollandaise Sauce, available with

Ham (\$18) Bacon (\$19) Smoked Salmon (\$22)

## BREAKFAST SIDE DISHES

Hash Brown / Mushrooms / Tomatoes / Sausage / Baked Beans / Feta (\$4 each)  
Avocado / Bacon / Smoked Salmon (\$6 each)

Vegetarian (V)  
Gluten Free (GF)  
Gluten Free Option (GFO)